



ATHLETICS CANADA

ROAD RACE MEASUREMENT CERTIFICATE

Race Information

Name of the course _____

Certificate number _____ Distance _____ Race date _____

City _____ Province _____

Race contact name _____ Race contact email _____

Course Information

Start elevation _____ Finish elevation _____

Elevation change (m/km) _____ Percent separation _____

Measurer Information

Measurer name _____

Measurement date _____ Expiry date _____

Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course which results in a course that is less than the stated distance, this certification becomes void, and the course must then be re-certified.

Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

As Nationally Certified by

Signature of certifier

Date

Any inquiries regarding this certificate should be directed to coursemeasurement@athletics.ca



KM 4 - Turnaround Point: City Park
GPS: 49.883074N 119.503839W, 345m ASL
 The turnaround point (TA) is marked with a washer and nail painted green in the middle joint of the pathway and is 0.1m North of the North edge of the North planter box concrete curb.
 It is 4m from the West side of the pathway and 4.7m from the East side of the pathway.
 A cone will be placed against the north end of the planter and runners will turn left (counter clockwise) to run around the cone and return on the other side (West) of the planters to return South on the pathway and then on return on the same route back to the finish point (which is also the starting point).



Midsummer 8k Course Certification Map

Prepared by Joshua Wyatt and David Guss on 7th July 2026

General Points of Note:

1. Roadways will not be closed during this event.
2. This is an out and back course and runners will be running along the west side of the road in both directions.
3. The majority of the course runs along a defined cycle lane so this will constitute the majority of the route.
4. Where cycle lanes are not defined, runners will keep to the west side of the road, with cones to define the pathway where necessary. The areas where this is required are defined on the map along with positioning of the cones.

Bridge over Mill Creek
 Small bridge is a potential busy area for runners. Marshals and extra signage to warn other pathway users.

KM3 / KM5
 49.877029N 119.496907W
 343m ASL
 Marked by nail in washer or green cone.

Abbott St. by Strathcona Park
 Water and electrolyte station on both sides of pathway at 2.5km

Abbott St. and Christleton Ave.
 Roadway narrows significantly but there is a designated cycle lane. Runners to stay in the cycle lane on the west side of the road.

Abbott St. and Westlaw
 Wide bend. Cones required to keep runners in designated bike path on west side of roadway and out of traffic lane.

Turn onto Abbott St.
 Runners to run down Cedar Ave staying on the South side of the street. There is a bike lane that runners will run in and this will be marked with cones. At the turn from Cedar onto Abbott St., runners will cross the street in a safe manner to enter the bicycle lane on the West side of the roadway. Marshals to be present for safety and to direct runners on the correct route.

Athletics Canada Certified
BC-2026-008-BDC
 Certification Expires Dec 31/2030



Start/Finish: Gyro Beach (3400 Lakeshore Road)
GPS: 49.854280°N, 119.490279°W, 348m
 Start/Finish line spans the main pathway through Gyro beach. It is marked by a **nail and washer painted green on the East side of the pathway**.

1. START: PB1 – NW corner of the most southerly of 3 concrete tree planter boxes. Planter box is 1.5m W x 1.5m L x 0.2m H. Distance from NW corner of box to nail on East side of path at start / finish line is 2.35m.
 2. START: PB2 – SW corner of the middle of the 3 concrete tree planter boxes. Planter box is 1.5m W x 1.5m L x 0.2m H. Distance from SW corner of box to nail on east side of path at start / finish line is 6.50m.
 3. START: LP – Black metal light pole on west side of pathway near start. Pole is labelled #8011. The base of the pole is 0.4mx0.4m and the pole is 0.1mx0.1m and over 3m tall. Distance from the SE corner of the base of the light pole to the nail at start is 6.58m.
- START: The distance between the west and east edges of either side of pathway at start/finish line is 4.67m.



Lakeshore Rd. and Cedar Ave.
 Runners to transition from the bicycle lane along Lakeshore Rd. to sidewalk. The race route turns left and goes West in the bike lane on the south side of Cedar Ave.

Lakeshore Road
 The route follows the bike lane on the West side of Lakeshore road. Cones to be placed between the bike lane and the traffic lane to direct runners and to ensure that they do not enter the traffic lane and vice-versa.

Course Description:

The race course is an out and back route on the pathways and roads from Boyce-Gyro Beach Park to a turnaround point in Kelowna City Park and returns on same route. The start line is marked with masonry nail in 20mm steel washer on east edge of paved walkway beside the main beach in the south area of Boyce-Gyro Park. The path is 4.67m wide at start line. The nail is between the south and middle 3 concrete tree planter boxes which are positioned along the east side of the walkway near the sand volleyball courts. This is also the finish line for the race route. The nail is painted green red to make them easier to locate.

From the start line, the race route follows the Beach Park walkway north (parallel to the sand beach) to the north east exit of the park and continues north in the bike lane on west side of Lakeshore Road. At Cedar Ave. the race route turns left and goes west in the bike lane on the south side of Cedar Ave to the crosswalk at Abbott St. and through the crosswalk to turn right to head north in the dedicated bike lane on west side of Abbott St. The 1km is marked with a nail in washer (painted green) on south edge of Cedar Ave. in front of the house at 425 Cedar Ave. Continue north in the dedicated bike path on west side of Abbott Street all the way to Lake Ave. The 2km is mark with a nail in washer (painted green) on west side of bike lane in front of driveway for 2488 Abbott St. The 3km is marked with a nail in washer (painted green) on west side of bike path by house at 273 Burne Ave. At Lake Ave. turn left and continue west to end of Lake Road and enter Dog Beach Park which turns into a paved path through this park. Continue on this path through the park up and over the pedestrian bridge over Mill Stream. From this bridge, follow path north through pedestrian tunnel under Hwy 97 (Harvey Ave) into Kelowna City Park. After exiting the north end of the tunnel, continue straight on path for about 260m and up the east side of the two planters in the middle of the pathway near the washroom building for hot sands beach. At the north end of the north planter in middle of the pathway is the 4km and turnaround point and this is marked with nail (painted green) 0.1m north of the edge of the planter. The nail is 4m from west side of the pathway and 4.7m from east side of pathway. A cone will be placed against the north end of the planter curb and runners will turn left (counter clockwise) to run around the cone and return on the other side (west) of the planters to return south on the pathway and then return on the same route back to the finish point (which is also the starting point).

Distance to Reference Objects

Note, distance measurements to objects is from the center of the nail to the nearest edge of the object, unless otherwise noted.

1. START: PB1 – NW corner of the most southernly of 3 concrete tree planter boxes. Planter box is 1.5m W x 1.5m L x 0.2m H. Distance from NW corner of box to nail on east side of path at start / finish line is 2.35m.
2. START: PB2 – SW corner of the middle of the 3 concrete tree planter boxes. Planter box is 1.5m W x 1.5m L x 0.2m H. Distance from SW corner of box to nail on east side of path at start / finish line is 6.50m.
3. START: LP - Black metal light pole on west side of pathway near start. Pole is labelled #8011. The base of the pole is 0.4mx0.4m and the pole is 0.1mx0.1m and over 3m tall. Distance from the SE corner of the base of the light pole to the nail at start is 6.58m.
4. START: The distance between the west and east edges of either side of pathway at start/finish line is 4.67m.
5. TURNAROUND: The turnaround (TA) point is marked with nail in middle joint of pathway and is 0.10m north of the north edge of the north planter box concrete curb. The west edge of pathway is 4.0m from the nail and the east edge is 4.7m from the nail.